

TODDLER ROUTINE TRACKER

Time	Activity
6:30	7:00 Wake up Time
7:00	7:30 Grooming (Brush teeth, wash face, etc) Breakfast (Solid food / milk)
	8:00 Outdoor play Learning Activity
	9:30 Rest Snack
10:00	10:30 Bath/ Water play
10:31	11:30 Nap time
	2:00 Lunch Playtime
	4:00 Snack Dinner
	7:00 Bath
	8:30 Bedtime

Note:

Always bring the following outdoor:

- Alcohol
- Drinking water
- Towelette

MY BABY'S MONTH

AT A GLANCE

Month	January	February	March
Toddler Development Goal: <i>Example: reach 15kg+</i>			
Toddler Development Log <i>Example: New skills, New word favorite food, favorite activity favorite activity funny moment</i>			
Important Dates: <i>Example: Birthday,</i>			
Doctor Appointments: <i>Vaccine on [date] Visit Date: Purpose: Notes: Medications: Cost:</i>			

MY BABY'S MONTH

AT A GLANCE

Month	April	May	June
Toddler Development Goal: <i>Example: reach 15kg+</i>			
Toddler Development Log <i>Example: New skills, New word favorite food, favorite activity favorite activity funny moment</i>			
Important Dates: <i>Example: Birthday,</i>			
Doctor Appointments: <i>Vaccine on [date] Visit Date: Purpose: Notes: Medications: Cost:</i>			

MY BABY'S MONTH

AT A GLANCE

Month	July	August	September
Toddler Development Goal: <i>Example: reach 15kg+</i>			
Toddler Development Log <i>Example: New skills, New word favorite food, favorite activity favorite activity funny moment</i>			
Important Dates: <i>Example: Birthday,</i>			
Doctor Appointments: <i>Vaccine on [date] Visit Date: Purpose: Notes: Medications: Cost:</i>			

MY BABY'S MONTH

AT A GLANCE

Month	October	November	December
Toddler Development Goal: <i>Example: reach 15kg+</i>			
Toddler Development Log <i>Example: New skills, New word favorite food, favorite activity favorite activity funny moment</i>			
Important Dates: <i>Example: Birthday,</i>			
Doctor Appointments: <i>Vaccine on [date] Visit Date: Purpose: Notes: Medications: Cost:</i>			